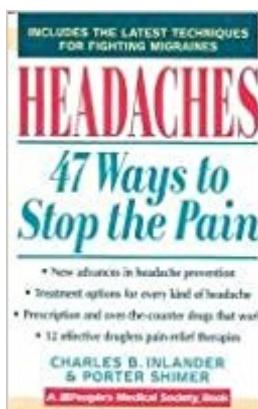


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# Headaches: 47 Ways To Stop The Pain (A People's Medical Society Book)



## Synopsis

More than 70% of the population gets headaches, most of which are due to tension, others which can be described as either migraine, cluster or sinus headaches. This helpful book presents the latest medical research on prevention and treatment of headaches and includes detailed analyses of the uses of acupressure, relaxation techniques, home remedies, and other cures.

## Book Information

Series: A People's Medical Society Book

Hardcover: 86 pages

Publisher: Walker & Co (November 1995)

Language: English

ISBN-10: 0802713149

ISBN-13: 978-0802713148

Product Dimensions: 0.5 x 5.6 x 9 inches

Shipping Weight: 8.8 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #5,610,098 in Books (See Top 100 in Books) #97 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #1626 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Musculoskeletal Diseases

## Customer Reviews

Descriptions of different kinds of headaches include the latest medical information and both traditional and alternative treatment approaches. There are other headache guides on the market: this is the easiest to understand and utilize. -- Midwest Book Review --This text refers to an out of print or unavailable edition of this title.

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Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of Jaw Pain & Headaches Due to TMJ) Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) Headaches and Migraines (Food Solutions):: Recipes and Advice to Stop the Pain Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) User's Guide to Preventing & Treating Headaches Naturally: Learn How You Can Use Diet and Supplements to Put an End to Headaches (Basic Health Publications User's Guide) MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management, Cannabis, Epilepsy, Cancer Treatment, Chronic Pain) Medical Terminology: Medical Terminology Easy Guide for Beginners (Medical Terminology, Anatomy and Physiology, Nursing School, Medical Books, Medical School, Physiology, Physiology) Medical Terminology: Medical Terminology Made Easy: Breakdown the Language of Medicine and Quickly Build Your Medical Vocabulary (Medical Terminology, Nursing School, Medical Books) Quit Smoking Today!: The Most Painless Ways To Permanently Stop Smoking (Smoking, Quit Smoking, Stop Smoking, Addiction) How To Stop Hair Loss Naturally: Learn various ways to stop your hair loss and regrow your hair without the use of expensive and harmful drugs 18 Ways to Break into Medical Coding: How to get a job as a Medical Coder (Medical Coding 101) 10 KEYS TO UNLOCKING HAND PAIN: Increase blood flow to ease pain & regain your strength, power & flexibility in 5 minutes a day (10 Keys to Unlocking Pain Book 2) Knee Pain: Treatment for beginners - 2nd EDITION UPDATED & EXPANDED - Knee Pain Relief, Cure and Exercises to overcome your knee problems (Knee Problems - Knee Pain Cure - Knee Hurt Book 1) How to Permanently Stop Your Knee Pain, Even if you've Tried Everything Else!: Get Instant Knee Pain Relief with These Simple Tips The Hormone Headache: New Ways to Prevent, Manage, and Treat Migraines and Other Headaches

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